Gym and fitness studio: what we clean

Bring this sheet on a walkthrough with your manager and tick each zone members use.

Gym or studio _____ **Address** _____

Walked by _____ **Date** _____

Front desk and entry

- ☐ Check-in counter wiped
- ☐ Door handles at the entrance
- ☐ Bench where members lace up
- ☐ Trash by the entrance emptied

Workout floor

- ☐ Equipment grips wiped each visit
- ☐ Seats and consoles wiped
- ☐ Products match your equipment maker's guidance
- ☐ Bins between machines cleared
- ☐ High-touch surfaces members grab between sets

Group exercise studios

- ☐ Studio floor cleaned for the next class
- ☐ Short visits in gaps between class blocks
- ☐ Touchpoints wiped before members return
- ☐ Mirrors and rubber flooring noted for the quote

Locker rooms, showers and restrooms

- ☐ Locker rooms covered on every visit
- ☐ Showers cleaned each visit
- ☐ Restrooms cleaned each visit
- ☐ Paper, soap and liners restocked
- ☐ Shower tile noted for periodic scrubbing

Floors on their own interval

- ☐ Reception carpet on an extraction interval
- ☐ Studio hard floors scrubbed and burnished
- ☐ Lobby hard floors on periodic floor care
- ☐ Floor material and finish recorded

Timing and extras

- [ ] Early-morning and after-work rush hours marked
- [ ] Midday or late-night lull for routine cleaning
- [ ] Class timetable shared with the crew
- [ ] Day porter for supplies during peak hours
- [ ] Parking lot litter picked up by the porter

Notes